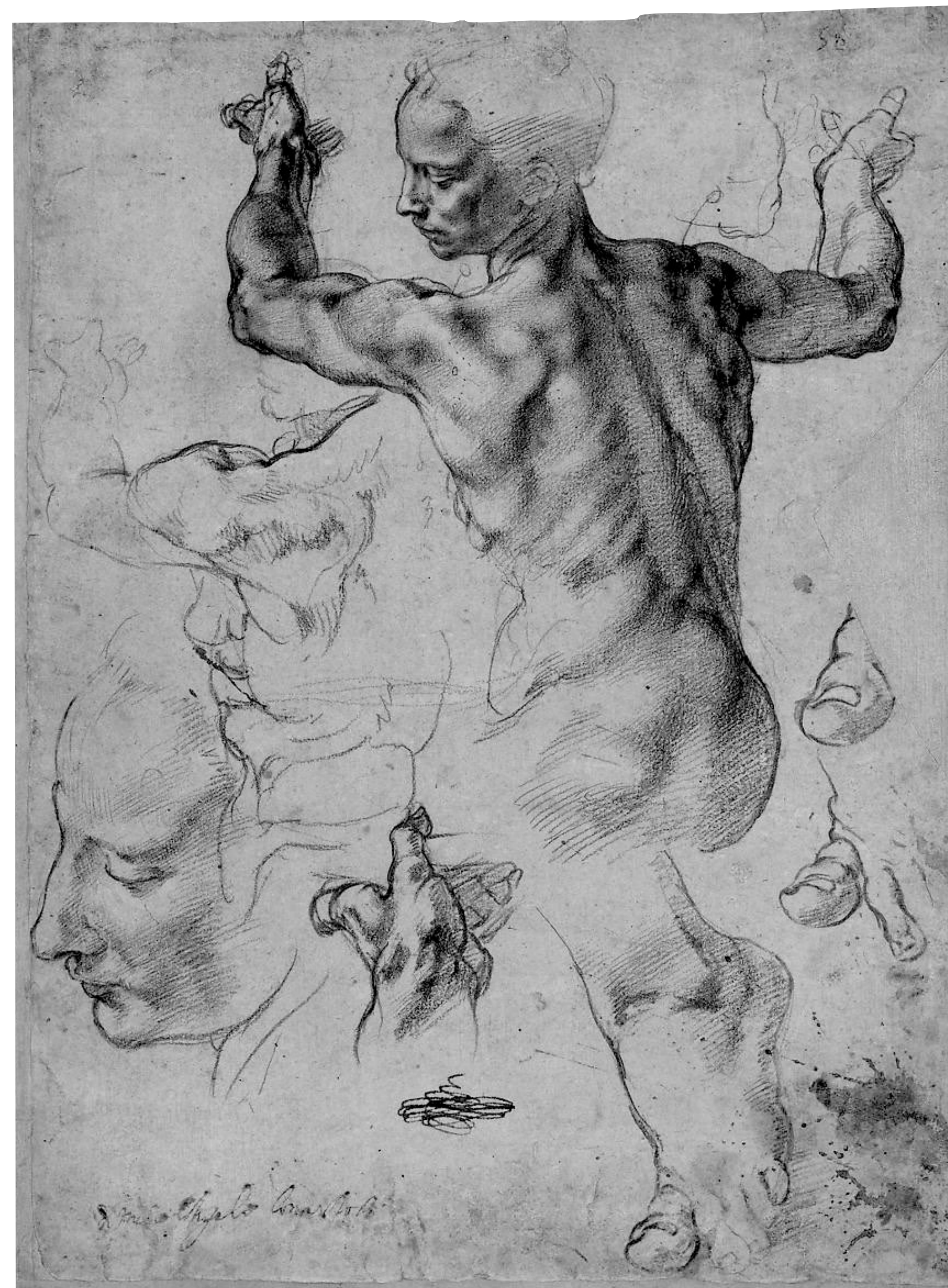


Spiritual Worship Requires a Body

Present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

Sunday, July 11, 2021 / Nick Saltas



Romans 12:1-18 ESV

¹ I appeal to you therefore, brothers, by the mercies of God, to present your **BODIES** as a **living sacrifice, holy and acceptable to God**, which is **YOUR SPIRITUAL WORSHIP**. ² Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Romans 12:1-18 ESV

³ For by **the grace given** to me I say to everyone among you **not to think of himself more highly** than he ought to think, but to think with **sober judgment**, each according to the measure of faith that **God has assigned**. ⁴ **FOR AS IN ONE BODY WE HAVE MANY MEMBERS, and the members do not all have the same function,**

Romans 12:1-18 ESV

⁵ so we, though many, ARE ONE BODY in Christ, and INDIVIDUALLY MEMBERS one of ANOTHER. ⁶ Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; ⁷ if service, in our serving; the one who teaches, in his teaching;

Romans 12:1-18 ESV

⁸ the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness. ⁹ Let love be **genuine (without hypocrisy)**. **Abhor** what is **evil**; **hold fast** to what is **good**. ¹⁰ Love one another with **brotherly affection**. Outdo one another in **showing honor**.

Romans 12:1-18 ESV

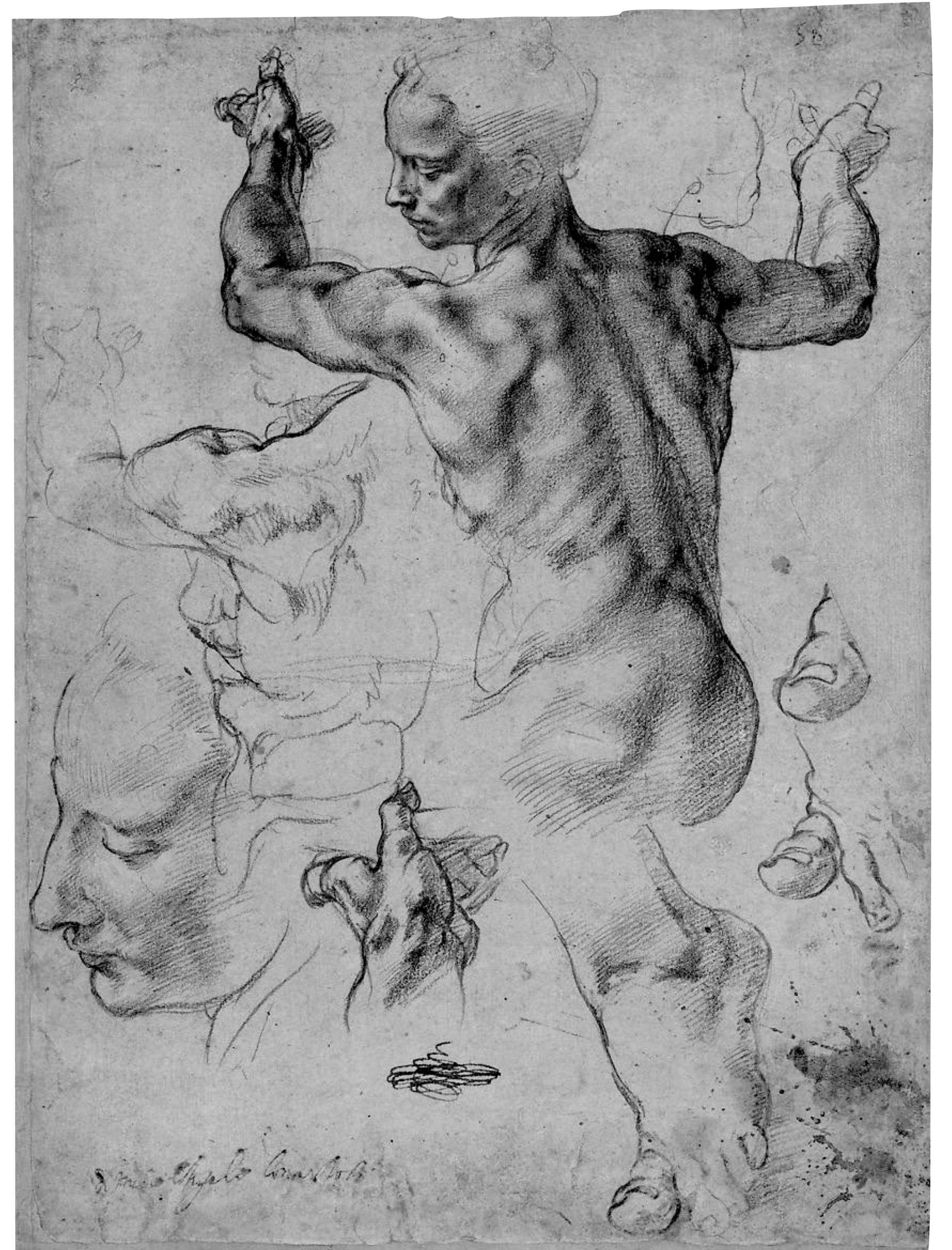
¹¹ Do not be **slothful in zeal**, be **fervent in spirit**, serve the Lord. ¹² **Rejoice in hope**, be **patient** in tribulation, be **constant** in prayer. ¹³ **Contribute to the needs** of the saints and **seek to show hospitality**. ¹⁴ **Bless** those who persecute you; bless and do not curse them. ¹⁵ **Rejoice** with those who **rejoice**, **weep** with those who **weep**.

Romans 12:1-18 ESV

¹⁶ Live in **harmony with one another**. Do not be **haughty**, but associate with the lowly. Never be **wise in your own sight**. ¹⁷ Repay no one **evil for evil**, but give thought to do what is **honorable in the sight of all**. ¹⁸ **If possible, so far as it depends on you, live peaceably with all.**

“You are the Body of Christ. In you and through you the work of the incarnation must go forward. You are to be taken. You are to be blessed, broken and distributed, that you may be the means of grace and vehicles of eternal love.”

ST. AUGUSTINE



The problem is we don't love,
nourish, attend to, and protect
our body. When we don't,
it's not neutral - it is opposite.

Romans 12:9-18

THE OPPOSITE

⁹ Let love be **phony and insincere**. Cling to what is evil; intentionally avoid what is good.

¹⁰ **Tolerate another** with a **polite surface interaction**. Outdo one another with **criticism and dishonor**. ¹¹ Be **slothful and lazy IF you serve the Lord and remain quietly dispassionate in spirit**.

Romans 12:9-18

THE OPPOSITE

¹² Be **cynical, impatient, frustrated, anxious** and occasionally pray. ¹³ **What is yours belongs to you** and you deserve it, those that don't have, get what they deserve. Manufacture plausible excuses **to avoid hospitality.** ¹⁴ **Get even** with those that try to persecute you.

Romans 12:9-18

THE OPPOSITE

¹⁵ **Be insulated, aloof and cold** toward those that **rejoice** and those who **weep**. ¹⁶ **Nitpick each other and be oversensitive.** Make sure people know how **talented and competent you are**. ¹⁷ Don't get mad, **get even**, even if some people think you have gone too far.

Romans 12:9-18

THE OPPOSITE

¹⁸ When possible, as much as depends on you, remind people that if they have a problem with you, it's their problem.

Ephesians 5:29-30 ESV

²⁹ For no one ever hated his own flesh, but **nourishes** and **cherishes** it, just as Christ does the church, ³⁰ because we are **members of His body**.



1. How do we nourish and cherish our body?

We love our body when we sacrifice, protect, and regularly attend to our body.

1. How do we nourish and cherish our body?

**1a. When love is more
then politeness.**

Romans 12:9, 10, 16 ESV

⁹ Let love be genuine (without hypocrisy).

Abhor what is evil; hold fast to what is good.

¹⁰ Love one another with brotherly affection.

Outdo one another in showing honor.

... ¹⁶ Live in harmony with one another. Do not be haughty, but associate with the lowly. Never be wise in your own sight.

1. How do we nourish and cherish our body?

1b. When love is practical.

When love is practical.

- **PRAYER**

¹² **Rejoice in hope**, be **patient** in tribulation, be **constant** in prayer.

- **RESOURCES**

¹³ **Contribute to the needs** of the saints and **seek to show hospitality**.

- **PRESENCE**

¹⁵ **Rejoice** with those who **rejoice**, **weep** with those who **weep**.

1. How do we nourish and cherish our body?

**1c. When conflict is
resolved graciously.**

Romans 12:9-18 ESV

¹⁶ Live in harmony with one another. Do not be haughty, but associate with the lowly. Never be wise in your own sight. ¹⁷ Repay no one evil for evil, but give thought to do what is honorable in the sight of all. ¹⁸ If possible, so far as it depends on you, live peaceably with all.



2. Why don't we love the body?

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2a. Comparison

1 Corinthians 12:20-21

PARAPHRASE

If an enneagram 9 should say, "Because I am not AN 8, I DO NOT BELONG TO THE BODY," that would not make her any less a part of the body. And if a 2 should say, "Because I am not a 3, I DO NOT BELONG TO THE BODY," that would not make it any less a part of the body.

1 Corinthians 12:20-21

PARAPHRASE

If the whole body were 3's , where would be the sense of empathy be? If the whole body were a 9, where would be the sense of drive? But as it is, God arranged the members in the body, each one of them, AS HE CHOSE.

1 Corinthians 12:20-21

PARAPHRASE

If all were a single member, where would the body be? As it is, there are many parts, yet one body. The INTROVERT cannot say to the EXTROVERT, "I HAVE NO NEED OF YOU," nor again the THOUGHTFUL INTELLECTUAL to the PRACTICAL DOER, "I have no need of you."

Comparison is so dangerous because:

**It leads to insecurity and
inferiority.**

Comparison is so dangerous because:

**It leads to withdrawal and
passivity.**



**3. Why should we
regularly attend to
our body?**

3. Why should we regularly attend to our body?

3a. Obedience

3. Why should we regularly attend to our body?

**3b. I don't have everything I need,
but I have something
someone does need.**

3. Why should we regularly attend to our body?

**3c. Manifest corporate
presence.**

3. Why should we regularly attend to our body?

**3d. To practice a word spirit
journey.**